

**SOCIETY OF SAINT VINCENT DE PAUL**  
**VALU SHOPPE**  
197 Colborne Street, Brantford, ON N3T 2G8 519-751-0143

**FOOD DRIVE TIPS**

**Thanks for offering to collect food for our neighbours in need. These tips are provided to help make your food drive as successful and helpful as possible.**

- The items we regularly provide in emergency food bags are:
  - Peanut Butter
  - Canned pork & beans or beef stew or meal-type soups
  - Canned tuna or flaked ham/chicken/turkey
  - Canned vegetables
  - Canned or dried soup
  - Pasta & pasta sauce
  - Mac & cheese
  - Tea bags
  - Canned Evaporated Milk
  - Rice
- In addition to these items we welcome donations of whole grain cereals, baby formula & food, diapers, canned fruit.

**Any attention you can give to the following points will assist us in getting your donations to our neighbours in need. We understand it is not always possible but know that you will do what you can.**

- Let us know you are collecting on our behalf (by emailing [ssvpbrant@gmail.com](mailto:ssvpbrant@gmail.com)) so that we can support your efforts and can be prepared to manage (accept/store/distribute) your donation.
- We cannot accept:-
  - Perishable foods
  - Items past expiry date on label
  - Cans rusted or with no label
  - Open packages
  - Homemade items
- Packaging
  - Banana boxes or paper boxes are very handy for organizing and transporting goods.
  - If your volunteers can sort the items in these boxes by type (e.g. all soups, all pasta, all tea bags) that is a

great help to our Store volunteers.

- Also, if your volunteers could check the best-before dates and discard expired items that would be greatly appreciated. (We know the code is sometimes mysterious and confusing. Don't worry; our volunteers will double-check.)
- Delivery
  - If you can possibly deliver donations to the Store (197 Colborne St., Brantford) during Store hours (10-4 Tuesday to Friday, 10-3 Saturday) that would be appreciated. If this is not possible call the Store (519-751-0143) to arrange pick up. Either way remember to give us plenty of notice as we are all volunteers and coordination can sometimes be tricky.